



**All
about**



ALCOHOL



Made by Andrew





WHAT IS ALCOHOL?

Alcohol is:

- Alcohol is a drug that can be toxic and addictive.
- Brings harmful effects => both effect through long and short-term effects
- Is the cause of the most deaths in all known drugs
- Drugs can affect different types of people

LONG, SHORT TERM EFFECTS

Short term affects include:

- hangover and alcohol poisoning, as well as falls and accidents, conflict, lowered inhibitions and risky behaviours.
- Impact to the liver, brain

Long term affects include:

- High blood pressure, heart disease, stroke, liver disease, and digestive problems.
- Could create cancer to the mouth, throat, esophagus, voice box, liver, colon, and rectum.



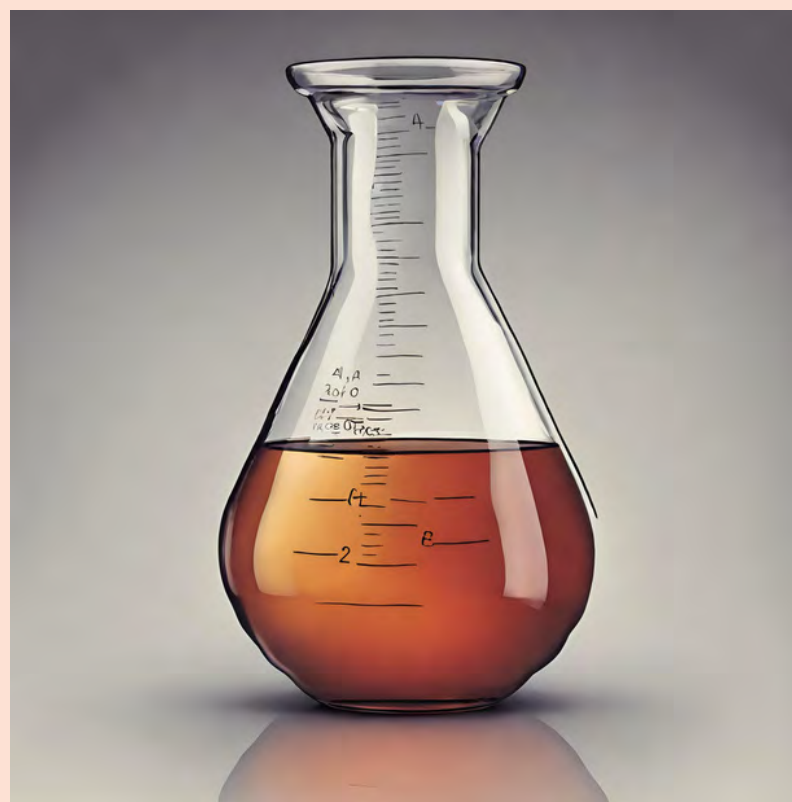
USAGE OF ALCOHOL

Usage of alcohol is one important thing when drinking alcohol. It determines how much we are drinking, how much we should be drinking and which point is too much for us.

What is the limit

The age for drinking alcohol is 18 as teenagers get older, they can consume more alcohol

LIMITED



How far we've gone

one-third of Australians between the age of 12 and 17 reporting recent drinking and about 4% regularly engaging in risky drinking behaviour.



POSSIBLE CONSEQUENCES

What kind of irresponsible alcohol use could cause bad after results for binge drinkers



Consequence #1

mental health problems and various cancers.

Consequence #2

types of dementia

Consequence #3

cirrhosis of the liver

Possible strategies to avoid drinking alcohol

Family decisions

Have weekly family meetings to catch up on progress

society choices

Put up poles on the internet for other people to give opinions to help

Follow doctors

Take advices from hospitals by doctors skilled in alcohol, even if it is expensive

Keep less alcohol

If addicted, sell alcohol to keep less, deterring you from drinking more

Count your drinks

Counting your drinks will keep a schedule not to advance in drinking more

Decline invites

If your friend asks a hangover, decline it to not distract you

THANKS FOR LISTENING

